

## Maximizing Subgraphs in Regular Graphs

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We determine the  $d$ -regular graphs  $G$  on  $n$  vertices with the highest  $H$ -density for any  $H$ . We reframe the problem as a continuous optimization problem on the eigenvalues of  $G$  by relating injective homomorphism numbers from  $H$  and homomorphism numbers from quotient graphs of  $H$ . For almost all  $H$ , this relation has *non-spectral terms*, which require bounding by *spectral terms* in a way that is sharp at the optimal graph. As such, we establish an infinite family of homomorphism number inequalities.

For bipartite  $H$  and  $d$  large enough, we show  $G$  consists of disjoint copies of  $K_{d,d}$ . For non-bipartite  $H$  and  $d$  sufficiently large,  $G$  is a collection of disjoint  $K_{d+1}$  graphs. For  $H = C_5$  and  $d = 3$ , disjoint Petersen graphs emerge.

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